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## What is claimed is:

- A method for treating rheumatoid arthritis or other forms of inflammatory arthritis which comprises administering to a subject an amount of an agent effective to inhibit the activation of the CXCR4 receptor by SDF-1.
- The method of claim 1, wherein the agent is oligopeptide or a polypeptide.
  - The method of claim 1, wherein the agent is an antibody or a portion of an antibody.
  - The method of claim 3, wherein the antibody is a human, chimeric or humanized antibody or portion thereof.
  - The method of claim 1, wherein the agent is a nonpeptidyl agent.
  - The method of claim 6, wherein the nonpeptidyl agent is a bicyclam such as AMD3100.
- 7. A composition for treating rheumatoid arthritis comprising an effective amount of an agent capable of inhibiting the activation of the CXCR4 receptor by SDF-1 and a pharmaceutically acceptable carrier.
- 30 8. The composition of claim 7, wherein the agent is oligopeptide or a polypeptide.
  - The composition of claim 7, wherein the agent is an antibody or a portion of an antibody.
  - The composition of claim 9, wherein the antibody is a human chimeric, or humanized antibody.

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- The composition of claim 7, wherein the agent is a nonpeptidyl agent.
- 5 12. The composition of claim 11, wherein the nonpeptidyl agent is a bicyclam such as AMD3100.
  - 13. A method for determining whether an agent is capable of inhibiting the activation of a CXCR4 receptor by SDF-1 comprising:
    - (a) contacting the cells expressing CXCR4 receptor in the presence of SDF-1 with the agent under condition permitting activation of the CXCR4 by SDF-1 if the agent is absent; and
    - (b) determining whether the amount of activation of the CXCR4 receptor by SDF-1 is decreased in the presence of the agent relative to the amount of activators in its absence, such a decrease in the amount of activation indicating that the agent is capable of inhibiting the activation of the CXCR4 receptor by SDF-1.
    - 14. The method of claim 13, wherein the cells are lymphocytes or monocytes.
- 15. The method of claim 13, wherein the cells are 30 bacterial, fungal, plant, or animal cells.
  - 16. An agent identified by the method of claim 13.
- 17. A composition comprising an amount of an agent identified by the method of claim 13 effective to inhibit the activation of the CXCR4 receptor by SDF-1 and a suitable carrier.